



CELEBRATE DIGITAL CITIZENSHIP!

MAKE A RESOLUTION

IF YOU HAVEN'T ALREADY MADE A RESOLUTION, TRY THIS ONE ...

Become A Better Digital Citizen



FIND OUT HOW TO DO IT AT OUR WEBSITE <http://dc.gstboces.org>

a reminder ...

Digital Learning Day 2019 is Thursday, February 28th.

Join thousands of students and educators as they celebrate #DLDAY.

<http://go.gstric.org/205-dlday>

TAKE ACTION



START THE NEW YEAR RIGHT! PLAN AND PARTICIPATE IN A DIGITAL CITIZENSHIP EVENT IN YOUR SCHOOL DISTRICT!

YOU CAN DO IT - FOLLOW THESE EASY STEPS

- PICK A THEME
- SET EXPECTATIONS
- PLAN THE DATE
- COMMUNICATE EARLY AND OFTEN
- REMOVE ANY BARRIERS
- CHOOSE A FACILITATOR
- COMPILE RESOURCES FOR PARENTS AFTER THE EVENT
- LET US KNOW ABOUT IT

Source: <http://go.gstric.org/205-eventplanning>

After your event has completed, let us know about it by sending an email to dc@gstboces.org. We would love to hear about it and would love to include it in one of our newsletters. **Now turn the page as we highlight one of our school districts.**



Sign Up to receive this newsletter in your email inbox

Scan this QR code with your phone, or go to <http://go.gstboces.org/dcnews-signup> in your browser.

THIS ISSUE WE HIGHLIGHT DIGITAL CITIZENSHIP IN ONE OF OUR SCHOOL DISTRICTS:

ODESSA-MONTOUR CENTRAL SCHOOL DISTRICT



Digital Citizens of the month on display at O-M

To share what is happening in your district send an email to dc@gstbooces.org

The Odessa-Montour School District has been promoting Digital Citizenship using curriculum and lesson planning materials from Common Sense Education (<http://go.gstric.org/205-common>).

The materials are distributed by the instructional leaders in each building and teachers are encouraged to incorporate the lessons and activities into their weekly planning.

Teachers nominate students each month in grades PreK-12 to become the Digital Citizen for their grade level. The selected students then meet with the schools Computer Network Specialists to choose an item from a collection of technology “swag”. Each Digital Citizen then has their picture displayed in monthly newsletters and on digital signage panels in the main hallway for the faculty, staff, students, parents, and community to see their accomplishment.

The district recently installed Dell panels to use as digital signage throughout their buildings. The signage is used to display lunch menus, sports schedules, announcements, and resources from GSTRIC Digital Citizenship Resource Center.

We would like to thank Jim Nolan, Director of Instructional Technology at Odessa-Montour, for sharing this information about what is happening in the district.

TED Ideas worth spreading

Many people are familiar with TED talks and TEDx but you might not be familiar with **TED-Ed**. TED-Ed is TED's youth and education initiative which aims to spark and celebrate the ideas of teachers and students around the world. You can create a free account and create lessons using video content from TED-Ed and other sources.

For 25 reasons to use TED-Ed in your class visit - <http://go.gstric.org/205-reasons>



About TED-Ed <http://go.gstric.org/205-ted-ed-about>
TED-Ed Videos <http://go.gstric.org/205-ted-ed-videos>



Protecting Your PII

What is PII? PII is an acronym for Personally Identifiable Information. This is information that can be used on its own or with other pieces of information to individually identify, contact, or locate a person.

This term is also in use as a legal documents because many countries provide privacy legislation that protects your rights to control how your personal information is used.

In many of these laws companies are required to disclose what types of information they collect about an individual and how that information is used.

Your employer and your school district have limitations as to what info they collect, what info they must keep confidential, and what info can be shared with third parties. Know your rights.

What types of information are considered PII?

- First, last, and full names
- Home address and email address
- National identification number (Social Security Number in the US)
- Passport number
- Driver's license number
- Vehicle registration and plate numbers
- Face, fingerprints, or handwriting
- Credit card numbers
- Digital identities
- Date of birth
- Birthplace
- Telephone number
- Genetic information

NIST (National Institute of Standards and Technology) has more information on protecting your PII. <http://go.gstric.org/205-nist-pii>

MONDAY, JANUARY 28th IS DATA PRIVACY DAY

is an internationally recognized day dedicated to creating awareness about the importance of privacy and protecting personal information.



YOU CAN HELP CREATE A GLOBAL COMMUNITY
THAT RESPECTS PRIVACY,
SAFEGUARDS DATA AND ENABLES TRUST!

Visit: <http://go.gstric.org/205-dataprivacy>

“We increasingly miss out on the **important moments of our lives** as we pass the hours with our noses buried in our devices.”

Disconnect from digital devices to connect with ourselves, our loved ones, and our communities in real time.

<http://go.gstric.org/205-unplugging>

START UNPLUGGING NOW



Social Media and Your Mood

Social media has been described as more addictive than cigarettes or alcohol ... but how does it effect your mood?

While using social networks helps many people feel more connected to peers, others experience intense envy and may have greater struggles with depression, low self-worth and other mental health challenges.

In a survey of young adults on the impact of social media on issues such as depression, self-identity and body image, YouTube was found to have the most positive impact, while Instagram, Snapchat, Facebook and Twitter demonstrated negative effects overall on young people's mental health.

How can you be more mindful with social media?

By using a few simple strategies, you may be able to reduce the negative emotions and compulsive behaviors associated with social media use.

Limit the time you spend on social media each day. Research shows that people who spend more than two hours per day on social media have significantly lower self-esteem than those who don't.

If you notice that you're struggling a lot with envy, negative emotions or comparing yourself to others, counseling can help! Speak to a counselor at school or talk to a trusted teacher.

Source: University of Washington Digital Wellness 101

Adobe Spark: <http://go.gstric.org/205-uw-spark>
Website: <http://go.gstric.org/205-uw-web>

How does social media effect you? How many hours a day do you use social media? Are you allowed to use social media sites at school? Why or why not? Discuss social media use with your friends and classmates and then let us know what you think about it. Send us an email at dc@gstbooces.org. We would like to hear from you.

FACTITIOUS 2018

Can you tell if a new article is real or is fake? That is the idea behind the **Factitious** game. The game shows you an article and then you swipe it to the right if you think it is real, or swipe it to the left if you think it is fake. The game then tells you if you were correct and awards or takes away points based on your answer.

Give it a try. How many right answers can you get? How many rounds can you last?

<http://go.gstric.org/205-fact-game>



MY NEW YEAR'S RESOLUTION

IF YOU HAVEN'T ALREADY MADE A RESOLUTION,
TRY THIS ONE! THIS YEAR I RESOLVE TO ...

Become A Better Digital Citizen



1. Take the Digital Citizenship Pledge
2. Start a Digital Citizenship Club at your school.
3. Treat others with respect online.
4. Give credit to others for their work.
5. Be an upstander. Stand up for people who are cyberbullied.





GST BOCES Digital Citizenship Initiative announces a ...

Digital Citizenship Calendar Art Contest

All students in GST BOCES Component School Districts are invited to participate for a chance to have their work published in a Digital Citizenship Calendar. Entries should feature original artwork illustrating safe use of the Internet and/or mobile devices.

Format

- Original hand-drawn or electronically created submissions will be accepted.
- Text should be dark and large enough to read.
- Submissions may be in the format of either a full-page drawing or a 4-panel comic.

Layout and Dimensions

- Only landscape layout submissions will be accepted as the calendars are printed in an 11" x 8.5" landscape format.

Content

- **Do Not** send any artwork that contains trademarked images or brands such as Disney Characters, Dell, Google, Twitter, etc.
- **Do Not** put any identifying information (such as the student's full name or age) on the front of the poster.
- Adults may offer minimum technical support but cannot aid in the creative process. No professional (paid) assistance is allowed.
- Inappropriate or offensive language and/or images will cause a submission to be disqualified.
- All art files must be submitted in an electronic format via email and cannot be larger than 8MB
- **All entries must be received at GST BOCES by March 1st, 2019.**

Some Suggestions for Topics: How should you treat others online? What information is safe to share on social media, and what should be kept private? How should you handle unwanted attention or strangers online? How can you handle cyberbullying? Why is it important to keep your devices and software up to date?

When the entry form is completed, the form and the electronic art file should be attached to an email message and sent to: dc@gstboces.org with **Calendar Art Contest** in the subject line.

Important Notice: All submitted art file entries become the property of GST BOCES and may be used in the calendar or in future publications. Entries will not be returned.

sponsored by the

GST BOCES DIGITAL CITIZENSHIP INITIATIVE

You can visit our website at <http://www.gstric.org/digital-citizenship>

Contest information and entry form at <http://go.gstric.org/art-contest>





GST BOCES DIGITAL CITIZENSHIP INITIATIVE

Note: It is requested that a Teacher or School Contact Person verifies that this form is completely and accurately filled out, and that the art file that is submitted is in compliance with the contest guidelines. The entry form and electronic art file should be emailed to dc@gstboces.org

Calendar Art Contest Entry Form

Student's FIRST Name:
(Please DO NOT include student's last name)

Grade:

Title of Poster:

School Contact Name:

Email:

Phone Number:

School Name:

School Address:

School City:

State:

Zip:

When the entry form is completed, the form and the electronic art file should be attached to an email message and sent to: dc@gstboces.org with **Calendar Art Contest** in the subject line.

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