



This issue we focus on:

DIGITAL CITIZENSHIP



PUTTING IT ALL TOGETHER

During the previous months of this school year, our newsletter has been focused on the nine digital citizenship topics listed to the right - beginning with Digital Law in September and ending up with Digital Wellness in May. It has been our intention to expose our readers to the wide breadth of issues and concepts that go into making up this thing we call Digital Citizenship.

Because Digital Citizenship is such a broad, diverse topic we haven't given you a great amount of detail on every topic as we simply haven't had space, but we have provided links to other sites and resources that would allow you to explore a topic in greater depth. Each issue was also paired with a companion web page adding even more links to additional resources.

The background information and insights that you have learned about these nine areas will help you as we continue to look at developing responsible digital citizens in our schools. We call this issue "Putting It All Together" as we will use knowledge from all nine areas in this and subsequent newsletters.

Self-Check: "How would you rate your knowledge of the nine Digital Citizenship topics listed to the right? Which topics do you know the most about? Which do you know the least about? Do you want more information about any of these topics?" Let us know at dc@gstboces.org.

PROTECT

- FEB **DIGITAL SECURITY**
- OCT **DIGITAL RIGHTS & RESPONSIBILITIES**
- SEP **DIGITAL LAW**

RESPECT

- NOV **DIGITAL ETIQUETTE**
- DEC **DIGITAL ACCESS**
- JAN **DIGITAL COMMUNICATION**

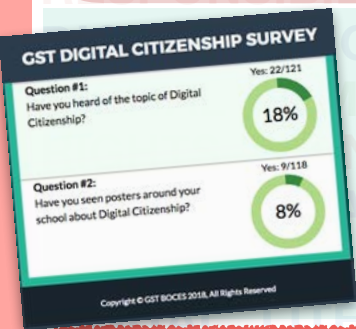
EDUCATE

- MAR **DIGITAL LITERACY**
- APR **DIGITAL COMMERCE**
- MAY **DIGITAL WELLNESS**

A BIG **THANK YOU** TO EVERYONE WHO PARTICIPATED IN OUR SURVEY DURING APRIL!

We shared the data we gathered with our local GST SUPERINTENDENTS GROUP in May. View it at: <http://go.gstboces.org/dc-survey>

TEACHERS! We want to hear from you! Take a minute to let us know what you are doing. dc@gstboces.org



If you have comments or suggestions about this newsletter contact dc@gstboces.org

Visit our website at <http://dc.gstboces.org>



Students as Digital Citizens

About the Academy | Training Missions | Academy Library | News | Faculty Pages | Cadet Life | Fun Stuff

THE CARNEGIE CYBER ACADEMY
Training tomorrow's heroes

Welcome to the Carnegie Cyber Academy, the most prestigious cyber defense training facility in the world. My name is Commander Omni. I am the school's dean.

At the Academy, we train our cadets in online safety so that they can protect themselves and others from the attacks of malicious Cyber Villains. The Internet is a growing part of our daily lives. It is my hope that future generations will be able to continue exploring Cyberspace in a safe and secure way.

Carnegie Mellon University has created a game that allows you to learn about online safety. In Carnegie Cadets: My Secure Cyberspace Game, you play as a cyber cadet completing training missions and earning badges for each Level that you master. You can download versions for Windows and Macintosh computers to play at home. Your teacher can access lesson materials and guides for using the game in the classroom.

<http://www.carnegiecyberacademy.com/>

TAKE ACTION BY STANDING UP RATHER THAN WALKING OUT



Recently, students in schools all over the country organized a walk out to protest incidents of school violence and to encourage lawmakers to develop tougher gun control laws.

The show of solidarity among the students was a powerful sign to politicians that young people will soon be voting to change the wrongs that they see before them.

WE ENCOURAGE YOU TO STAND UP AGAINST ONLINE BULLYING.

Be an UPSTANDER rather than a bystander when it comes bullying. Organize your friends and classmates to stand up and have the courage to say "BULLYING IS NOT OK WITH ME - WE DON'T ACCEPT IT IN OUR SCHOOL - HERE WE STAND UP TO BULLIES!"

Talk to the teachers, counselors, and administrators at your school and get their support to organize a STAND UP TO BULLYING DAY (OR WEEK). Just think, if you could get enough people to stand up, you could end bullying (online and otherwise) in your school and your community.

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You can make a difference just by following these three simple steps:

1. First, PLEDGE that you will not participate in the bullying of other people in any form.
2. Second, STAND UP for yourself and report any bullying that you experience to your parents, school officials, and if necessary to law enforcement.
3. Third, STAND UP for others if you witness them being bullied at home, at school, or at public events.

DON'T STAND BY ...



WHAT NOT TO SHARE ON SOCIAL MEDIA

Inappropriate Personal Images/Selfies , Social Security Number, Bank Information or Account Names/Numbers

Most People are aware of these items already. Don't let identity thieves steal from you.

Your Personal Location, Details of Your Upcoming Vacation, Geotagged images

Thieves may try to break in if they know you are away. Muggers can track and target you by your location.

Videos of Your Friends That You Took Without Permission, Stuff Your Friends Should Really Be Sharing Themselves, Silly Party Pics

Your friends won't stay friendly if you are sharing info that they want to be private. Your images may cause you trouble.

Complaints About Your School, Teachers, Parents, etc. , Rants about Political or Other Hot Button topics, Unsubstantiated Accusations about Other People, Off-Color (or Insensitive) Jokes

There are lots of people who like to start trash-talking arguments online. We call them trolls. You can lose a lot by angering a troll who may hurl insults or threats at you. Some comments have even lead to being stalked by trolls.



WELCOME TO THE PARENT'S PAGE

WHAT ARE THE COMMON TECHNOLOGY USE RULES MOST FAMILIES HAVE?

No technology at certain times

No technology until certain obligations are fulfilled, like homework or chores

Fixed time limits on how long kids can engage with technology

Cost restrictions - what does your tech cost you?

Expectations to balance technology use with other activities, like playing outside

Parent audits that grant them the ability to check kids' phones at any time and access social media accounts

Banning a particular site, game, activity or device

Rules about online behavior, such as no bullying or bad language or sharing sexual content

Source: <http://www.dailymail.co.uk/sciencetech/article-3482608/Don-t-overshare-phone-talking-Children-reveal-expect-PARENTS-use-technology.html>

WHAT RULES/BOUNDARIES/LIMITS DO YOU HAVE FOR YOUR CHILDREN? DO YOU OBEY THE SAME SET OF RULES?



YOUR TEENS ARE PROBABLY USING IT. WHAT DO YOU KNOW ABOUT

Snapchat?

Many people know that **SnapChat** is an app that can post pictures and videos that disappear after a few seconds, but did you know that there is a lot more to SnapChat?

You can **swipe right** to access the Friends screen where you can chat with friends.

You can **swipe left** to access the Discover screen. The Discover screen has lots of video stories from current news sources.

You can **swipe up** to access the Memories section where you can store images and videos online. You can even back up your phone's camera roll to SnapChat.

It is worth taking a few minutes to look through some of the settings to ensure that your info is shared with the appropriate people. The private settings are very important. Check out this parent's guide from **ConnectSafely.org**.

URL: <http://www.connectsafely.org/a-parents-guide-to-snapchat/>

TALKING TO YOUR KIDS ABOUT THEIR DIGITAL LIFE AND BOUNDARIES

It is important for parents to talk about technology use with their children because although the kids may be sophisticated in their knowledge of how tech things work, they may lack the maturity, judgement, and restraint necessary to keep themselves from making bad decisions.

Some parents know that technology can act as a great babysitter and keep kids busy for hours but parents may not know exactly what their child is doing during that time. Parents need to know what apps, services, and websites their child may be using, and what kinds of activities they are doing while using these programs.

Your children may feel that you are sticking your nose in to their business or breaching their entitlement to online privacy but don't be put off. Let them know that you are doing it in a caring and concerned way and that you want to understand what they are doing with their devices in the online world.

Here are some suggestions of possible questions you can use to start the dialogue with your child:

- What can I do to support or help you be a good digital citizen?
- What don't I really understand about your social networking or online communication with others online?
- What don't I really understand about your gaming?
- What can you tell me which might make me feel more reassured about my concern about X?
- How would you look after yourself or act in safe ways if X problem occurred?
- Can we agree on a family contract to ensure that technology is being used safely?

The conversation may be painful at first, but don't give up. You have a right to know as a parent what your child is involved with online. If your child doesn't want to talk about this, seek out the counselor, or administrators at your school to see what they may be able to do to help you.

<https://psychopaedia.org/family-and-relationships/six-questions-to-help-teens-stay-safe-in-the-digital-age/>

TIP: THERE ARE LOTS OF CREATIVE THINGS THAT CAN BE DONE WITH SNAPCHAT FILTERS. TAKE A MOMENT TO CHECK THEM OUT!

GST BOCES Digital Citizenship Initiative - Visit our website at <http://dc.gstboces.org>

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EXPECT YOUR CHILDREN AND THEIR FRIENDS TO USE TECHNOLOGY PROPERLY AND RESPECTFULLY IN YOUR HOME AND AT SCHOOL





TEACHERS! THIS YEAR IS THE YEAR FOR POSITIVE ACTION!

GET YOUR STUDENTS, PARENTS, AND FELLOW TEACHERS EXCITED ABOUT DIGITAL CITIZENSHIP

START A PROJECT - CREATE A DIGITAL CITIZEN DAY!

It isn't that difficult to do. Add Digital Citizenship to your lessons and conversations about character and being a good citizen. Make it a part of your technology projects. As issues/problems with technology arise discuss how digital citizenship insights may help the student to resolve their problems.

You can use our newsletters, posters, and website as jumping off points for your students to research how to become more tech literate and a better digital citizen.

Digital Citizenship can be a great a topic to help your school get rid of bullying on campus, online, and in your students' neighborhoods. Bullying should be a thing of the past. Help your students stand up to bullying.

(See this month's poster for more details.)

IT IS TIME FOR YOU TO TAKE SOME ACTION THIS YEAR!

VISIT OUR WEBSITE AND OUR BLOG



You can easily get to our website by typing <http://dc.gstboces.org> in your browser. Click the blog link at the top of that page.

We are committed to adding more links, newsletters, posters, blog posts, and interactive resources for you in the 2018-19 school year.

SCREENAGERS

GROWING UP IN THE DIGITAL AGE



<https://www.screenagersmovie.com/>

The documentary, SCREENAGERS, takes a deeply personal journey into the vulnerable corners of family life to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, SCREENAGERS reveals how tech time impacts kids' intellectual development and offers solutions on how adults can empower kids to find balance in their digital and real lives.

The film is 67 minutes long and is appropriate for kids 10 years and older, and for parents of kids of all ages. The film's website (The URL is listed above) has lots of resources including a list of Digital Citizenship sites.

WHY NOT HOST A SCREENING OF THIS FILM FOR YOUR SCHOOL COMMUNITY? IT COULD BE A GREAT FUNDRAISING EVENT!



Social and Emotional Learning Toolkit
Find lessons, activities, classroom tools, and family resources to help students learn about character strengths and develop empathy, compassion, integrity, courage, and more.

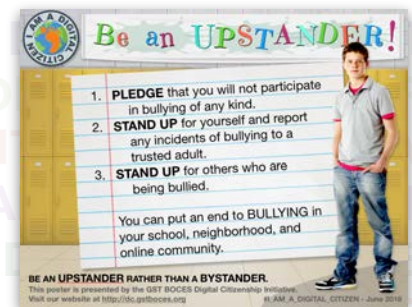
<https://www.commonsense.org/education/toolkit/social-emotional-learning>



*Adults don't get it.
They think I'm addicted to technology - but I'm not.
I'm addicted to my friends.*

A Quote from a Student in a Common Sense Media Focus Group 2014

THIS MONTH'S DOWNLOAD



FREE Poster! BE AN UPSTANDER
<http://go.gstboces.org/dc-180601>

Teachers! We really want to hear from you. Let us know how we can help you teach your digital citizens! v.18.6.3

GST BOCES Digital Citizenship Initiative - Visit our website at <http://dc.gstboces.org>

